



## PATIENT HEALTH HISTORY AND INTRODUCTION

Today's Date \_\_\_\_\_

Patient Title: (check one)  Mr.  Mrs.  Ms.  Miss  Dr.  Prof.  Rev.

First Name \_\_\_\_\_ Nick Name \_\_\_\_\_

Last Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age \_\_\_\_\_

Gender (check one)  Male  Female  Unspecified Marital Status (check one)  Single  Married  Other

Address 1 \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Primary Phone \_\_\_\_\_ Is this a cell phone? [ ] Yes [ ] No

Secondary Phone \_\_\_\_\_ Is this a cell phone? [ ] Yes [ ] No

Email address: \_\_\_\_\_

*By providing my email address, I authorize my doctor to contact me via the email address provided.*

Emergency Contact person: Name \_\_\_\_\_ Phone # \_\_\_\_\_

Email address: \_\_\_\_\_

*By providing my email address, I authorize my doctor to contact me via the email address provided.*

Employment Status (check one)

Employed  FT Student  PT Student  Other  Retired  Self Employed

Race (check one)

White  Black/African American  Hispanic  American Indian/Alaskan Native  
 Asian  Asian Indian  Chinese  Filipino  
 Japanese  Korean  Vietnamese  Native Hawaiian or other Pacific Island  
 Samoan  Guamanian or Chamorro  Other \_\_\_\_\_  I choose not to specify

Multi-Racial (check one)  Yes  No  Unknown

Ethnicity (check one)  Hispanic or Latino  Not Hispanic or Latino  I choose not to specify

Preferred Language (check one)

English  Spanish  American Sign Language  Chinese  French  German  
 Tagalog  Vietnamese  Italian  Korean  Russian  Polish  
 Arabic  Portuguese  Japanese  French Creole  Greek  Hindi  
 Persian  Urdu  Gujarati  Armenian  I choose not to specify

Continued ...

**Verification Question** (choose only one question by circling the question, then give the answer to that question)

- What is the name of your favorite pet?     In what city were you born?     What high school did you attend?
- What is your favorite movie?     What is your mother's maiden name?     On what street did you grow up?
- What was the make of your first car?     When is your anniversary?     What is your favorite color?

**Verification Answer to the Chosen question:** \_\_\_\_\_

**Do you currently smoke tobacco of any kind?**     Yes     Former smoker     Never been a smoker

*If yes, how often do you smoke:*     Current every day smoker     Current sometimes smoker

*If yes, what is your level of interest in quitting smoking?*

- 0     1     2     3     4     5     6     7     8     9     10  
*No interest* *Very Interested*

**Current medications, including, Name of, Frequency taken and Dosage and How many are in your prescription (ie~30-60-90 etc.. If there are no current medications, Check here:**

- |          |          |
|----------|----------|
| 1) _____ | 5) _____ |
| 2) _____ | 6) _____ |
| 3) _____ | 7) _____ |
| 4) _____ | 8) _____ |

**List any known allergies you have had to any medications.**

**If no allergies are known, check here:**

- |          |          |
|----------|----------|
| 1) _____ | 3) _____ |
| 2) _____ | 4) _____ |

**Present MD:** \_\_\_\_\_

**Last visit to a physician:** \_\_\_\_\_ **Reason:** \_\_\_\_\_

**List any operations you may have had:** \_\_\_\_\_

**Briefly list your main health problems:** \_\_\_\_\_

**Has any doctor diagnosed you with Hypertension presently?**     Yes     No    If yes, describes: \_\_\_\_\_

**Has any doctor diagnosed you with Diabetes presently?**     Yes     No    If yes, what kind?     Type I     Type II

If yes to Diabetes, was your blood lab-work test for hemoglobin A1c > 9.0%?  Yes  No  Not Sure

If yes, other comments regarding Diabetes: \_\_\_\_\_

Do you have any health problems that are listed below, please circle all that apply to you:

- 1. Headaches 2. Sinus trouble 3. Anemia 4. Rheumatic Fever 5. Cancer 6. Arthritis
- 7. Allergies 8. Hernia 9. Diabetes 10. Heart Trouble 11. Backaches 12. Dizziness 13. Hyperactivity
- 14. Numbness in arms/hands 15. Foot/ankle/knee Pains 16. Arm/wrist Pains 17. Tingling in arms/legs
- 18. Neck/back Pains 19. Shoulder Pains 20. Sleeping problems 21. Stomach Problems
- 22. Diarrhea/Constipation 23. Weight gain/loss 24. Heart burn 25. Fatigue 26. Asthma
- 27. Other information or health complaints you would like us to be aware of \_\_\_\_\_

Previous Chiropractor: \_\_\_\_\_ Date of last visit: \_\_\_\_\_

Reason for leaving: \_\_\_\_\_

Purpose of this appointment: \_\_\_\_\_

How long have you suffered with this problem? \_\_\_\_\_

When and how did it start: \_\_\_\_\_

What is the pattern of this problem? Constant \_\_\_\_\_, Intermittent, \_\_\_\_\_ Occasional \_\_\_\_\_, Cyclic \_\_\_\_\_

What actives make this problem worse? \_\_\_\_\_

What have tried to get rid of this problem that did not work? \_\_\_\_\_

What gives you some temporary relief? \_\_\_\_\_

On a scale of 1 to 10, with 10 being the highest, rate your commitment in helping us solve this problem: \_\_\_\_\_

Have you had an X-ray or CT scan or MRI of your low back spine in the past 28 days?  Yes  No

**For women only**

Date of your last menstrual period: \_\_\_\_\_ Are you using any means of contraception? \_\_\_\_\_

Do you experience severe cramping with your menstrual period? \_\_\_\_\_

Do you suffer from PMS? \_\_\_\_\_

Signature of Patient \_\_\_\_\_ Date: \_\_\_\_\_

Referred to our center by: \_\_\_\_\_

**To be performed by clinic staff:**

Height: \_\_\_\_\_ inches    Weight: \_\_\_\_\_ pounds    BP: \_\_\_\_\_ / \_\_\_\_\_